

Kazakhstan 哈萨克斯坦



Kyrgyzstan 吉尔吉斯斯坦



Tajikistan 塔吉克斯坦



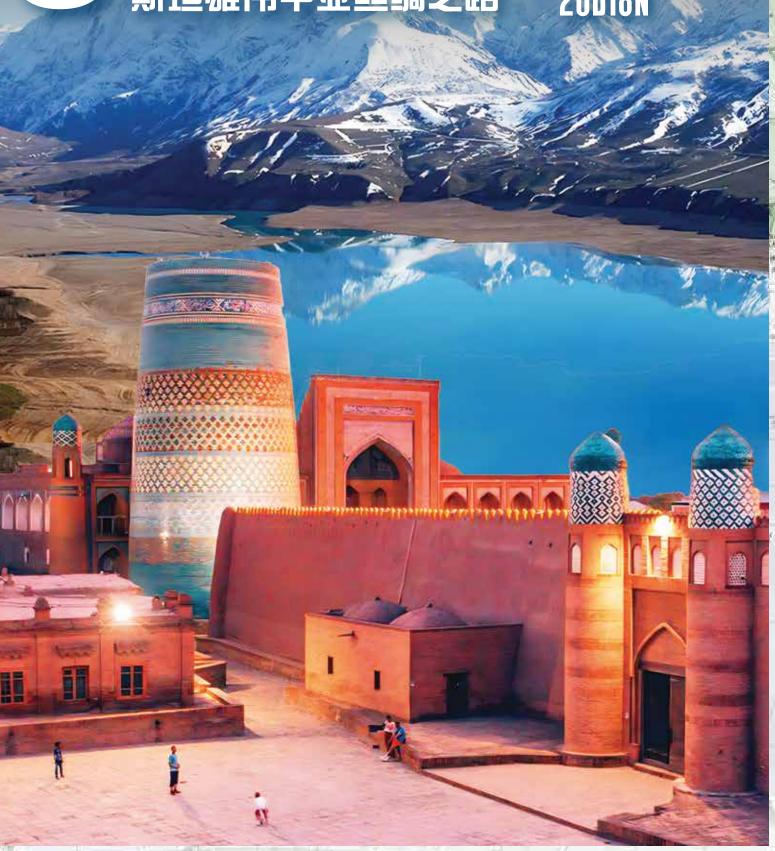
Turkmenistan 十库曼斯旧



Uzbekistan 乌兹别克斯坦







DAY 1 - KUL + ASHGABAT (MOB/L/D)

- **X Nissa Fortress:** A UNESCO World Heritage Site 18 km from Ashgabat, founded around 250 BC by Arsaces I, offering a glimpse into the Parthian Empire's history.
- **Wedding Palace:** A prominent landmark in Ashgabat, the Wedding Palace is known for its unique architectural design, representing the modern architectural style of the city.
- **X Constitution Monument:** The Constitution Monument is a towering symbol of Turkmenistan's independence and sovereignty, and a key landmark in Ashgabat.
- **X Ertogrul Gazy Mosqu:** Named after one of the founders of the Ottoman Empire, Ertogrul Gazy Mosque is a grand Islamic structure, blending traditional and modern design elements.
- **X National Dance Show:** During dinner, enjoy a vibrant national dance performance that showcases the rich cultural heritage of Turkmenistan.

DAY 2 - ASHGABAT - MERV - ASHGABAT (370 KM, 4.5-5 HRS) (B/L/D)

- **X Seyit-Jemal-Ad-Din Mosque:** A historic mosque that you'll visit on your way to Merv, offering a glimpse into the architectural and cultural history of the region.
- **X Ancient Turkmen Hearth Tourist Zone:** Explore local culture, visit a museum, see national animals like the Alabai dog and Ahal-Teke horse, and watch traditional crafts being made.
- **X Ancient Merv:** A UNESCO World Heritage Site and former Islamic capital, featuring the Sultan Sanjar Mausoleum, showcasing the city's rich history and architecture.
- **X Sultan Sanjar Mausoleum:** A significant historical monument in Merv, dedicated to the Seljuk ruler Sultan Sanjar, showcasing impressive Islamic architecture.

DAY 3 – ASHGABAT **DARVAZA** (260 KM, 3.5-4 HRS) (B/L/D)

- **X Turkmen Carpet Museum:** A museum housing over 2,000 exquisite carpets, including the world's largest hand-woven carpet, showcasing the intricate craftsmanship of Turkmenistan.
- **X Gulistan Bazaar:** A vibrant marketplace where you can shop for handmade carpets, camel fiber goods, and traditional textiles, immersing yourself in local culture and craftsmanship.
- **X Darvaza Gas Crater:** A natural marvel burning for 50+ years in the Karakum Desert. Camp nearby, enjoy a barbecue, and witness its glowing beauty under the night sky.





@ Turkmen Carpet Museum 土库曼地毯博物馆

DAY 4 - DARVAZA - DASHOGUZ - KHIVA (UZBEKISTAN) (330 KM, 5-6 HRS) (B/L/D)

- **X** Darvaza Gas Crater: Start your day with a delightful picnic-style breakfast in the unique setting of the Darvaza Gas Crater, enjoying the stunning desert landscape.
- X Drive to Turkmen-Uzbek Border: Experience a long morning drive covering 309 km to the Shavat-Dashoguz border point, where you'll cross into Uzbekistan.
- **X Shavat-Dashoguz Border Point:** Go through customs and passport controls as you transition from Turkmenistan to Uzbekistan.
- **Khiva:** Upon arrival in Khiva, Uzbekistan, you'll be transferred to your hotel for check-in, with the rest of the day free for you to relax and explore at your leisure.

The drive from Darvaza to Uzbek border is about 6hrs drive through mountainous windy road, please bring along own motion sickness medicine, if required.

DAY 5 - KHIVA (B/L/D)

- **X Ichan-Kala:** Enter this enchanting inner fortress where history resonates in every corner. The lanes are adorned with stunning Islamic architecture and Central Asian elegance.
- **X Kunya-Ark Fortress:** Explore this iconic landmark, which serves as a historical residence and a reminder of Khiva's rich past.
- **X Kalta Minor Minaret:** Capture memories at this vibrant and uniquely designed minaret, a must-see symbol of Khiva.

DAY 6 - KHIVA - BUKHA (450 KM, 6-7 HRS) (B/L/D)

- **Scenic Drive to Bukhara:** Enjoy a picturesque 450 km drive through quaint villages and vast cotton fields, connecting the beauty of Khiva to the charm of Bukhara.
- **X Cultural Landscapes:** Experience landscapes that tell the story of a land rich in tradition and history, offering glimpses into local life along the route.

The drive from Khiva to Bukhara is about 6hrs drive through occasionally bumpy road, please bring along own motion sickness medicine, if required.

DAY 7 - BUKHARA = SAMARKAND (280 KM, 4-5 HRS, 1.5-2 HRS) (B/L/D)

- **X Poi Kalyan Complex:** An architectural masterpiece featuring Islamic design, where you can marvel at the towering Kalyan Minaret and the grand Kalyan Mosque, both steeped in history.
- **X Ark Fortress:** A symbol of Bukhara's enduring legacy, this fortress offers insights into the city's past, with each stone telling stories of power and resilience.
- **X Bolo Haouz Mosque:** A serene mosque known for its tranquil pond and striking pillars, perfect for a peaceful stroll.
- **X Trading Domes:** Explore the bustling bazaars alive with the vibrancy of the Silk Road, ideal for finding unique souvenirs.
- **X Bullet Train to Samarkand:** After lunch, enjoy a scenic journey to Samarkand via bullet train, a quick and comfortable travel.
- *** Musical Light Spectacle at Registan Square:** End your day with this mesmerizing show, highlighting the beauty and history of one of the most iconic sites in Samarkand.

Please prepare a day bag for your essentials as your main luggage will be send to Samarkand in the morning and will arrival in the evening.

DAY 8 - SAMARKAND - PANAJAKENT (TAJIKISTAN) (60-80 KM, 1.5-2 HRS) (B/L/D)

- **** Boat Ride in Samarkand:** Enjoy a serene morning boat ride in Samarkand, exploring 11 hectares of rich Uzbek culture.
- **** Gur-Amir Mausoleum:** Visit this stunning mausoleum, the final resting place of the great conqueror Tamerlane, known for its intricate architecture.
- **** Registan Square:** Stroll through the breathtaking Registan Square, an architectural wonder and a central point of Samarkand's cultural heritage.
- **X Syob Bazaar:** Dive into the vibrant Syob Bazaar, where you can find local treasures and traditional Uzbek goods.
- **** Bibi Khanym Mosque:** Discover the grandeur of this historical mosque, one of the largest in the Islamic world during its time.
- **X Crossing into Panjakent, Tajikistan:** After visiting Samarkand, cross into Panjakent, where you can explore the ruins of the ancient Sogdian city.
- **** Rudaki Historic-Ethnographic Museum:** End your day at this museum, which showcases the history and culture of the region, highlighting the contributions of the famous Persian poet Rudaki.

DAY 9 – PANAJAKENT – DUSHANBE (230–260 KM, 4–5 HRS) (B/L/D)

- **X Varzob Gorge:** Enjoy a scenic drive through the stunning Varzob Gorge, known for its breathtaking natural beauty.
- **X Istiklal Tunnel:** Pass through the fascinating Istiklal Tunnel, a key route connecting northern and southern Tajikistan.
- **X Iskandarkul Lake:** Stop at the legendary Iskandarkul Lake, also known as Alexander the Great's lake. This 340-hectare lake is steeped in history, where you'll have lunch on its shores while enjoying the incredible views.
- **X Dushanbe:** Upon arrival in Dushanbe, the relaxed capital of Tajikistan, explore the city at your leisure.
- **X Rudaki Avenue:** Take a stroll along the city's main street, Rudaki Avenue, and soak in the local atmosphere.
- **X Independence Square:** Visit Independence Square, home to the world's tallest flagpole, which stands at an impressive 165 meters.

DAY 10 - DUSHANBE (B/L/D)

- **** Hisor Fortress:** Start the day with a visit to this historic fortress, located 30 km west of Dushanbe, offering a fascinating glimpse into Tajikistan's rich history.
- **X Tajikistan United Museum:** Discover exhibits on history, natural history, and art, including the impressive Buddha in Nirvana.
- **X Dusti Square:** Explore this central square, home to the monument of Ismoili Somoni, the founder of the Tajik nation, and Rudaki's monument in the central park.
- **** Botanical Garden:** Take a peaceful stroll through this lush park, filled with ancient trees and popular among locals for its serene beauty.
- **** Bazaar Mehrgan:** End the day at this vibrant oriental market, perfect for a lively shopping experience and soaking in the bustling atmosphere of the city.



DAY 11 – DUSHANBE + ALMATY – KOK-TOBE ALMATY (KAZAKHSTAN) (7 KM, 0.5 HRS) (B/L/D)

- **Flight to Almaty:** Start the day by heading to the airport for your flight to Almaty, Kazakhstan.
- **** Kok-Tobe Hill:** Upon arrival, head to Kok-Tobe Hill, a popular attraction known for its panoramic views of the city.
- **X Cable Car Ride:** Enjoy a scenic cable car ride up the hill, offering breathtaking views of Almaty below.
- **** Almaty TV Tower:** As you ascend, capture stunning photos with the Almaty TV Tower standing tall against the city skyline, making it an iconic backdrop for your adventure.

DAY 12 – ALMATY (B/L/D)

- **Medeu:** Start the day at one of the world's most famous ice skating rinks, located high in the mountains. Enjoy the stunning views or participate in the International Medeu-marathon, known for its challenging vertical climb.
- **** Historical Museum:** Explore Kazakhstan's rich history through fascinating exhibits that bring the country's past to life.
- **** Republic Square:** Visit the bustling heart of Almaty, a vibrant central hub that reflects the city's energy and modern spirit.
- **X Panfilov Park:** Take a peaceful stroll through this green oasis in the middle of the city, providing a serene contrast to the busy square.
- **X National Museum of Music Instruments:** End the day by discovering a captivating collection of traditional Kazakh instruments, each showcasing the rich musical heritage of the region.

DAY 13 – ALMATY – CHARYN – ALMATY (200 KM, 3 HRS) (B/L/D)

- **X Charyn Canyon:** A stunning natural wonder east of Almaty, featuring unique geological formations along the 154-kilometer Sharyn River.
- **X** Charyn National Park: Established in 2004, it showcases remarkable sedimentary rock formations in the Uygur, Raiymbek, and Enbekshikazakh districts.
- **X Leisure Time in Almaty:** Enjoy free time for a shopping spree in the city, where you can explore local markets and find unique souvenirs.





DAY 14 – ALMATY – BISHKEK (KYRGYZSTAN) (250 KM, 4 HRS) (B/L/D)

- **X Kazakh-Kyrgyz Borde:** Cross the border with scenic photo stops along the way as you head toward Bishkek.
- **X Turkish Mosque:** Begin the city tour with a visit to this beautiful mosque, a prominent religious site in Bishkek.
- **X Victory Square:** Explore this historic landmark that commemorates the Soviet victory in World War II.
- **X** Central Square: Visit this vibrant area featuring the impressive Manas Statue, a tribute to the national hero of Kyrgyzstan.
- **** Historical Museum:** Dive into the cultural and historical heritage of Kyrgyzstan at this museum.
- **X Old Square:** End your day at Old Square to see the iconic Lenin Statue, a reminder of the country's Soviet past.

DAY 15 - BISHKEK - ISSYK-KUL (250 KM, 4 HRS) (B/L/D)

- ****Burana Tower:** Explore the ancient city ruins of Balasagun and climb the 11th-century minaret for panoramic views of the surrounding landscape.
- **** Buzkashi Show:** Witness an exciting traditional nomadic game where horse-mounted players compete in this thrilling sport.
- **X Tian-Shan Mountain Range:** Enjoy a scenic three-hour drive with breathtaking views of the majestic Tian-Shan Mountains as you head toward Cholpon-Ata.
- **Museum of Petroglyphs:** End the day by exploring the fascinating petroglyphs, ancient rock carvings that depict the region's rich historical heritage.

DAY 16 – ISSYK-KUL – KARAKOL – CHONG-KEMIN VALLEY (150 KM, 3 HRS) (B/L/D)

- **Mountain Village:** Embark on a scenic morning drive to a picturesque mountain village, immersing yourself in the serene natural beauty of the region.
- **X Eagle Show:** Witness a mesmerizing hour-long eagle show, featuring the Berkut, Kyrgyzstan's revered golden eagle. This ancient hunting tradition is a captivating spectacle.
- **X Chon-Kemin Valley:** Drive through the stunning Chon-Kemin Valley, a pristine national park known for its rugged mountains, lush pastures, and unspoiled natur
- *** Eco Guest House:** Arrive at your unique lodging, an eco-friendly guest house, celebrated for its traditional craftsmanship and integration with local culture.
- **X Yurt Setup Demonstration:** Experience a traditional Yurt setup demonstration, offering a glimpse into the nomadic heritage and lifestyle of the region.

DAY 17 - CHONG-KEMIN VALLEY - BISHKEK + TASHKENT (UZBEKISTAN) (80 KM, 1.5 HRS) (B/L/D)

- **X Shopping Center in Bishkek:** Start the day by visiting a bustling shopping center, the perfect place to pick up local souvenirs to remember your trip.
- **X Flight to Tashkent:** After shopping, head to the airport for your flight to Tashkent, the vibrant capital of Uzbekistan.

DAY 18 - TASHKENT (B/L/D)

- **X Chimgan Mountains:** Embark on a scenic morning drive through charming villages and peaceful streams on your way to the stunning Chimgan Mountains.
- **** Amirsoy Resort:** Stop at this modern resort and take an exciting cable car ride up to Kumbel Ridge, where you'll enjoy breathtaking views of the 'Big Chimgan' peak.
- **X Chimgan Camp:** At the camp, choose between a thrilling cable car ride to the observation deck of Big Chimgan for panoramic vistas or opt for a relaxing horseback ride through the gorge for a closer connection with nature.
- **X Charvak Reservoir:** Visit this popular spot known for its beautiful beaches and resorts, perfect for enjoying nature and relaxation.

DAY 19 – TASHKENT + KUL (B/L/MOB)

- **Museum of Victims of Political Repression:** Start your day at this poignant museum, dedicated to the martyrs who fought for Uzbekistan's independence, offering deep insights into the country's history.
- **X Tashkent TV Tower:** Next, admire the Tashkent TV Tower, one of the tallest towers in the world, which symbolizes modern achievements and offers a stunning view of the cityscape.
- **** Besh Qozon:** Dive into Uzbek culinary culture at Besh Qozon, famous for its giant Plov kitchen. Witness the preparation of Plov, a traditional Uzbek dish made with rice, meat, vegetables, and spices, showcasing the art of balancing flavors and textures.
- **X Chor-Su Market:** Finally, immerse yourself in the vibrant atmosphere of Chor-Su Market, where you can wander through stalls filled with colors, aromas, and lively chatter, shopping for local goods and perhaps enjoying some snacks along the way.

DAY 20 – ARRIVAL IN KUALA LUMPUR

Your trip to 5 stans ends here. I wish you good health & good luck.







第1天-吉隆坡 → 阿什哈巴德(机上用餐/午/晚餐)

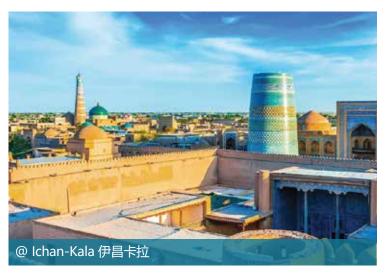
- **※ 尼萨古堡:** 位于阿什哈巴特以外18公里处,这座古老的堡垒是 联合国教科文组织世界遗产,建于公元前250年左右,由阿尔萨 凯斯一世创立。它为了解帕提亚帝国的历史提供了迷人的视角
- **※婚礼宫:**婚礼宫是阿什哈巴特的一座显著地标,以其独特的建筑设计而闻名,代表了城市的现代建筑风格。
- **※ 宪法纪念碑:** 宪法纪念碑是土库曼斯坦独立和主权的象征,也是阿什哈巴特的一个重要地标。
- **※ 埃尔图鲁尔•嘎齐清真寺:** 以奥斯曼帝国创始人之一的名字命名,埃尔图鲁尔·嘎齐清真寺是一座宏伟的伊斯兰建筑,融合了传统与现代的设计元素。
- **※ 国家舞蹈表演:** 在晚餐期间,享受一场充满活力的国家舞蹈表演,展示土库曼斯坦丰富的文化遗产。

第2天 - 阿什哈巴德 - 梅尔夫 - 阿什哈巴德 (370 KM, 4.5-5 HRS)(早/午/晚餐)

- ※ **赛义德·杰马尔·阿德丁清真寺**: 这是一座历史悠久的清真寺, 您将在前往梅尔夫的途中参观, 能够一窥该地区的建筑和文化历史。
- **※ 古土库曼灶具旅游区:** 在这个文化区域享受当地美食,您可以参观博物馆、与国家动物如阿拉拜犬和阿哈尔·捷克马匹合影,并观看传统手工艺品的制作,体验丰富的文化。
- **※ 古梅尔夫:** 这是一个联合国教科文组织世界遗产,曾是伊斯兰教的重要首都之一。主要景点包括苏丹·圣贾尔陵墓,为您提供对这座古城历史和建筑的深入了解。
- ※ **苏丹•圣贾尔陵墓**: 这是梅尔夫的一座重要历史纪念碑,致敬于 塞尔柱统治者苏丹·圣贾尔,展示了令人印象深刻的伊斯兰建筑风 格。

第3天 - 阿什哈巴特 - 达尔瓦扎 (260 KM, 3.5-4 HRS)(早/午/晚餐)

- **※ 土库曼地毯博物馆:** 这是一个展示超过2000幅精美地毯的博物馆,其中包括世界上最大的手工编织地毯,展现了土库曼斯坦精湛的工艺。
- **※ 古丽斯坦市场:** 这是一个充满活力的市场,您可以在这里购买手工地毯、骆驼毛制品和传统纺织品,沉浸在当地文化和工艺中
- **※ 达尔瓦扎气体火坑:** 这是一个自然奇观,位于卡拉库姆沙漠中,燃烧超过50年。您将在传统的游牧帐篷或帐篷旁露营,享用烧烤晚餐,欣赏夜空下火坑的迷人光辉。



第 4 天 - 达尔瓦扎 - 达肖古兹 - 希瓦 (乌兹别克斯坦) (330 KM, 5-6 HRS) (早/午/晚餐)

- **※ 达尔瓦扎气体坑:** 在达尔瓦扎气体坑的独特环境中享用美味的野餐式早餐,欣赏壮丽的沙漠景观。
- ※ **前往土库曼-乌兹别克边境:** 体验一段长途驾驶,行驶309公里 到达沙瓦特-达肖古兹边境口岸,在此您将跨越乌兹别克斯坦的国 境。
- **※沙瓦特-达肖古兹边境口岸:** 在此完成海关和护照检查,顺利过渡至乌兹别克斯坦。
- **※ 希瓦:** 抵达乌兹别克斯坦的希瓦后,您将被送往酒店办理入住,接下来的时间可以自由放松和探索。

注意事项

从达尔瓦扎到乌兹别克边境的驱车时间约为6小时,途中道路弯曲 崎岖,请根据需要携带晕车药。

第5天-希瓦(早/午/晚餐)

- **※ 伊昌卡拉:** 进入这座迷人的内城堡,历史在每一个角落回荡。小巷装饰着令人惊叹的伊斯兰建筑和中亚的优雅风格。
- **※ 库尼亚-阿克堡垒:** 探索这一标志性地标,它不仅是历史的住所 ,也是希瓦丰富历史的见证。
- ※ **卡尔塔·米诺尔塔:** 在这座色彩斑斓、设计独特的尖塔前留下美好回忆,卡尔塔·米诺尔塔是希瓦必看的象征之一。

第 6 天 - 希瓦 - 布哈 (450 KM, 6-7 HRS)(早/午/晚餐)

- **※ 风景如画的布哈拉之旅:** 享受一段美丽的450公里驾驶旅程,沿途穿越古朴的村庄和广阔的棉田,将希瓦的美丽与布哈拉的魅力连接在一起。
- **※ 文化景观:** 感受充满传统与历史的风景,这些景色展现了沿途当地生活的点滴。

注意事项

从希瓦到布哈拉的车程约为6小时,途中道路有时会颠簸,如有需要请携带晕车药。

第7天 - 布哈拉 === 撒马尔罕 (280 KM, 4-5 HRS, 1.5-2 HRS)(早/午/晚餐)

- **※ 波伊卡扬建筑群:** 这是一座充满伊斯兰设计的建筑杰作,您可以 欣赏到高耸的卡扬宣礼塔和宏伟的卡扬清真寺,历史气息浓厚。
- ※ **阿克堡垒:** 布哈拉永恒遗产的象征,这座堡垒展示了城市的历史,每一块石头都讲述着权力与坚韧的故事。
- **※ 波罗·豪兹清真寺:** 这座宁静的清真寺以其平静的池塘和引人注目的柱子闻名,是悠闲散步的理想场所。
- **※ 贸易穹顶:** 探索丝绸之路上充满活力的集市,是寻找独特纪念品的理想之地。
- **※ 布列车前往撒马尔罕:** 午餐后,享受通过高铁前往撒马尔罕的美丽旅程,这是一种快捷舒适的出行方式。
- **※ 雷吉斯坦广场音乐灯光秀:** 以这场令人陶醉的表演结束您的一天 ,展现了撒马尔罕最具标志性地点的美丽与历史。

注意事项

请准备一个装有必需品的随身包,因为您的主要行李将在早上送 往撒马尔罕,晚上才能抵达。

第8天-撒马尔罕-帕纳吉肯特(塔吉克斯坦) (60-80 KM, 1.5-2 HRS) (早/午/晚餐)

- ※ 撒马尔罕游船: 享受宁静的撒马尔罕晨间游船,探索11公顷的丰 富乌兹别克文化。
- ※ 古尔埃米尔陵墓: 参观这座精美的陵墓,它是伟大征服者帖木儿 的安息之地,以其复杂的建筑风格闻名。
- ※ 雷吉斯坦广场: 漫步在壮丽的雷吉斯坦广场, 这座建筑奇迹是撒 马尔罕文化遗产的核心点。
- ※ 西奥布集市: 深入探索充满活力的西奥布集市,在这里可以找到 当地的宝藏和传统乌兹别克商品。
- **※ 比比哈努姆清真寺:** 探索这座历史悠久的清真寺的宏伟,它曾是 当时伊斯兰世界最大的清真寺之一。
- **※ 进入塔吉克斯坦的潘贾肯特:** 参观撒马尔罕后, 跨境进入潘贾肯 特、探索古代粟特城市的遗址。
- ※ 鲁达基历史与民族学博物馆: 在这座博物馆结束您的一天,它展 示了该地区的历史与文化。

第9天 - 帕纳吉肯特 - 杜尚别 (230-260 KM, 4-5 HRS)(早/午/晚餐)

- ※ 瓦尔佐布峡谷: 沿着美丽的瓦尔佐布峡谷享受风景如画的驾车之 旅, 该峡谷以其令人叹为观止的自然美景闻名。
- ※ 伊斯提克拉尔隧道: 穿过迷人的伊斯提克拉尔隧道, 这是一条连 接塔吉克斯坦北部和南部的重要路线。
- ※伊斯坎达库尔湖:停留在传奇的伊斯坎达库尔湖,亦称为亚历山 大大帝的湖泊。这个340公顷的湖泊历史悠久,您将在湖边享用午 餐,同时欣赏令人难忘的美景。
- ※ 杜尚别: 抵达塔吉克斯坦轻松的首都杜尚别后, 您可以自由探索 这座城市。
- ※ 鲁达基大街: 漫步在这座城市的主干道鲁达基大街, 感受当地的 氛围。
- ※独立广场:参观独立广场,矗立着高达165米的世界最高旗杆。

第 10 天 - 杜尚别(早/午/晚餐)

- ※ **希索尔堡:** 一天从参观希索尔堡开始,这座历史悠久的堡垒位于 杜尚别以西30公里处,让您深入了解塔吉克斯坦丰富的历史。
- ※ 塔吉克斯坦联合博物馆:探索关于历史、自然历史和艺术的展览 , 其中包括令人印象深刻的涅槃佛像。
- ※ 杜斯特广场: 参观这个中央广场, 这里矗立着塔吉克民族的奠基 者伊斯梅尔·索莫尼的雕像以及中央公园的鲁达基雕像。
- ※植物园:在这个充满古树的宁静公园中悠闲漫步,是当地人喜爱 的放松之地,拥有令人心旷神怡的美景。
- **※梅尔甘集市:** 在这座充满东方风情的集市结束一天的行程,是购 物体验和感受城市热闹氛围的理想去处。



第 11 天 - 杜尚别 🕂 阿拉木图 - 科克托别 - 阿拉木图 (哈萨克斯坦)(7 KM, 0.5 HRS)(早/午/晚餐)

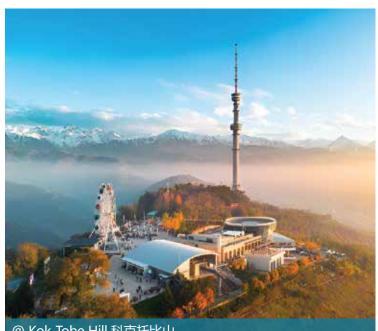
- **※ 飞往阿拉木图:** 开始这一天,前往机场,搭乘飞往哈萨克斯坦 阿拉木图的航班。
- ※ 科克托别山: 抵达后,前往科克托别山,这里是著名的景点,以 俯瞰整座城市的全景而闻名。
- ※ 缆车之旅: 乘坐缆车欣赏山间美景,俯瞰下方的阿拉木图,享受 令人叹为观止的风光。
- ※ 阿拉木图电视塔: 在缆车上行过程中,捕捉与阿拉木图电视塔的 合影,这座高耸的建筑与城市天际线共同构成了标志性的背景。

第 12 天 – 阿拉木图(早/午/晚餐)

- ※ 麦迪奥滑冰场: 在世界上最著名的高山滑冰场之一开始您的一天 享受壮丽的山景,或参加以陡峭攀爬著称的国际麦迪奥马拉松
- **※ 历史博物馆:** 通过丰富的展览,探索哈萨克斯坦的悠久历史,了 解国家的过去。
- ※ 共和国广场: 参观阿拉木图的中心地带, 这个充满活力的广场展 现了城市的现代精神与能量。
- **※ 潘菲洛夫公园:** 在城市中心的绿色静谧之地漫步, 这个公园为繁 忙的广场提供了宁静的对比。
- ※ 国家乐器博物馆: 通过参观展出的传统哈萨克乐器, 结束美好的 一天,这些乐器展现了该地区丰富的音乐遗产。

第 13 天 - 阿拉木图 - 查林 -阿拉木图 (200 KM, 3 HRS)(早/午/晚餐)

- ※ **查伦峡谷**:早晨驱车前往这个令人叹为观止的自然奇观,位于 阿拉木图东部,靠近中国边境。探索沿着沙伦河延伸154公里的壮 丽景观和独特地质构造。
- ※ **查伦国家公园**: 该峡谷成立于2004年,位于阿拉木图地区的乌 鲁木齐、赖依姆贝克和恩别克西卡扎克区,展示了经过风化雕刻 的美丽沉积岩层。
- **※ 阿拉木图的闲暇时光**:享受在城市的自由时间,进行购物狂欢 ,探索当地市场,寻找独特的纪念品。



@ Kok-Tobe Hill 科克托比山

第 14 天 - 阿拉木图 - 比什凯克(吉尔吉斯斯坦) (250 KM, 4 HRS)(早/午/晚餐)

- **※哈萨克-吉尔吉斯边境:** 在前往比什凯克的途中,穿越边境,并在沿途享受风景拍照停留。
- **※ 土耳其清真寺:** 城市游览的开始,参观这座美丽的清真寺,它是比什凯克一个重要的宗教场所。
- ※ 胜利广场: 历史地标, 纪念苏联在第二次世界大战中的胜利。
- **※中央广场:**参观这个充满活力的区域,那里有令人印象深刻的 马纳斯雕像,向吉尔吉斯斯坦的民族英雄致敬。
- **※ 历史博物馆:** 深入了解吉尔吉斯斯坦的文化和历史遗产。
- **※ 老广场:** 在老广场结束你的一天,欣赏标志性的列宁雕像,提醒着人们该国的苏联历史。

第 15 天 - 比什凯克 - 伊塞克湖 (250 KM, 4 HRS)(早/午/晚餐)

- **※ 布拉纳塔:** 探索古城巴拉萨贡的遗址,攀登这座11世纪的尖塔,俯瞰周围的壮丽景色。
- **※ 赛马游戏:** 观看激动人心的传统游牧游戏,骑马的选手们在这项刺激的运动中进行竞争。
- **※ 天山山脉:** 享受一次三个小时的风景驾车之旅,欣赏雄伟的天山山脉的壮丽景色,前往乔尔彭阿塔。
- **※ 岩刻博物馆:** 通过探索迷人的岩刻,结束你的一天。这些古老的岩石雕刻描绘了该地区丰富的历史遗产。

第 16 天 - 伊塞克湖 - 卡拉科尔 - 崇克敏谷 (150 KM, 3 HRS)(早/午/晚餐)

- **※ 山村:** 开始一天的风景驾车之旅,前往一个如画的山村,沉浸在该地区宁静的自然美景中。
- **※ 鹰展:** 观看令人着迷的长达一个小时的鹰展,展示吉尔吉斯斯坦备受尊敬的金雕——贝尔库特。这一古老的狩猎传统是一场引人入胜的表演。
- ※ **齐恩凯敏峡谷:** 驾车穿越美丽的齐恩凯敏峡谷,这是一片以崎岖的山脉、郁郁葱葱的牧场和未受破坏的自然而闻名的国家公园。
- **※ 生态旅馆:** 抵达你独特的住宿地点——一家生态友好的旅馆,以其传统工艺和与当地文化的融合而闻名。
- **※ 圆顶帐篷搭建演示:** 体验传统圆顶帐篷的搭建演示,了解该地区游牧民的遗产和生活方式。



第 17 天 - 崇克敏河谷 - 比什凯克 → 塔什干(乌兹别克斯坦)(80 KM, 1.5 HRS)(早/午/晚餐)

- **※ 比什凯克购物中心:** 一天的开始是在一个繁忙的购物中心, 这是购买当地纪念品以纪念您的旅行的理想之地。
- **※ 飞往塔什干:** 购物后,前往机场搭乘飞往乌兹别克斯坦首都塔什干的航班。

第 18 天 - 塔什干(早/午/晚餐)

- **※ 青琴山:** 清晨,乘坐风景如画的车途经迷人的村庄和宁静的小溪,前往令人惊叹的青琴山。
- **※ 阿米尔索伊度假村:** 在这个现代度假村停留,乘坐激动人心的 缆车前往库姆贝尔山脊,欣赏"巨型青琴"峰的壮丽景色。
- **※ 青琴营地:** 在营地,您可以选择乘坐刺激的缆车前往巨型青琴的观景台,俯瞰全景;或者选择在峡谷中骑马放松,更加贴近自然。
- **※ 查尔瓦克水库:** 参观这个以美丽海滩和度假村而闻名的热门景点,适合享受大自然和放松身心。

第 19 天 - 塔什干 → 吉隆坡(早/午/机上用餐)

- **※政治压迫受害者博物馆:** 前往这座令人深思的博物馆,纪念为乌兹别克斯坦独立而奋斗的烈士,深入了解国家历史。
- **※ 塔什干电视塔:** 欣赏塔什干电视塔, 这座世界上最高的塔之一, 象征着现代成就, 并提供城市景观的壮丽视野。
- **※贝什库赞:** 在贝什库赞深入体验乌兹别克斯坦的烹饪文化,这里以其巨大的抓饭厨房而闻名。见证抓饭的制作过程,这是一道用米饭、肉类、蔬菜和香料制作的传统乌兹别克菜肴,展示了平衡风味和口感的艺术。
- **※ 乔尔苏市场:** 最后,沉浸在乔尔苏市场的热闹氛围中,漫步在色彩斑斓、香气四溢、热情喧嚣的摊位之间,购买当地商品,或许还可以享用一些小吃。

第 20 天 – 抵达吉隆坡

您的5 斯坦之旅到此结束。祝您身体健康, 万事如意。















Days 天数	Accommodation 住宿				
1-2	5* Yyldy Hotel				
3	Camp				
4-5	4* Faravon Khiva Hotel				
6	4* Whydham Hotel				
7	5* Hotel Minyoung				
8	3* Panjakent Plaza Hotel				
9-10	5* Serena Dushanbe Hotel				
11-13	5* Rixos Almaty Hotel				
14	5* Hyatt Regency				
15	4* Karven Four Seasons Hotel				
16	3* Eco Guest House				
17-18	5* Hilton Hotel				

ESTIMATED FLIGHT SCHEDULE 预计航班时间

DEPARTURE 出发	Day 01 第1天	T5 802	0440 KUL 吉隆坡	-	1010 ASB 土库曼斯坦	<u>(L)</u>	ТВА
	Day 11 第11天	SZ 215	1100 DYU 塔吉克斯坦	-	1240 ALA 哈萨克斯坦	<u>(L)</u>	ТВА
	Day 17 第17天	HY 778	1850 FRU 吉尔吉斯斯坦	-	1910 TAS 塔什干	<u>(L)</u>	ТВА
RETURN 往返	Day 19 第19天	HY 553	2305 TAS 塔什干	-	0935 KUL 吉隆坡	Ð	ТВА

*Flight schedule and estimate time of arrival and departure subject to airline confirmation without prior notice. 此航班仅供参考,对应的航班时间均有调整的可能,包括起飞时间的变化等。

TERMS & CONDITIONS 备注:

- Flights, transportation, hotels, meals and itineraries and sequences stated in the brochure are subject to change without prior notice and subject to final confirmation. We reserves the right to alter itineraries at any time (without compensation) due to unforeseen circumstances, especially during peak periods or force majeure.
- Purchase of travel insurance is compulsory. The Company or our consortium agents shall not be liable for any losses or personal expenses incurred by tour members during the tour. Or in the event of unforeseen circumstances such as adverse weather conditions/natural disaster or other causes which may lead to traffic delays/extend stays, cancellation, rescheduling or others losses.
- 3. Unless otherwise specified by request, tours are conducted in English.
- Expenses of personal nature like tipping, laundry, telephone calls/internet data, beverages, photography fee at sightseeing, optional tour, medical expenses, any insurance or etc are on own expenses.
- 6. No refund shall be entertained for any unutilized portion of the tour.
- Notwithstanding the place or country in which a course of action arises, it is expressly agreed hereto that all causes of actions shall at all times be commence within the jurisdiction and territory of the country.
- Airport taxes, fuel surcharges and visa fees do not form part of the tour fare and it should be borne by the passenger. The Company is only acting as an agency to collect the above charges therefore it is subject to the Terms and Conditions of the respective authorities & airlines in case if there is any hike if any of these fee without notice by the authorities.
- In case on any currency fluctuations or amendment in local Government & Hotel taxes, or any fuel hike, we reserve the right to adjust the tour price accordingly without any notice.

- 10. Flight timing and schedules are not guaranteed and do not form part of the contract. They are subject to change at the insistence of the Aviation of Government Authorities for the Tour Member's safety, security and other reasons. Neither The Company nor the Carrier concerned will accept liability for reasons of flight cancellations, delays or diversions that is not within its
- The Company reserves the right to cancel or withdraw at any time bookings made by or on behalf of lour Members prior to departure. However, the company will reserve the absolute right to vary the group size due to unforeseen circumstances. The decision of The Company shall be final and inclusive and no liabilities whatsoever shall be incurred by the Company for such
- 4. Tour buses are arranged based on group size which make sure every passenger is entitled to one seat each. It is the Tour Member's responsibility to ensure that they have a valid passport with at least 6 months validity from the date of departure.
 - Itinerary Sequence is subject to Final hotel confirmation and shall be updated 30 days before departure.

Deposit / Tour Payments
A non-refundable of RM 3000 per person must be paid upon reservation. Full payment shall be made 60 days before departure. If full payment is not received 60 days or more prior to departure date, the Company reserves the right to forfeit the deposit and cancel the reservation.

- Amendment fee is applicable to all booking which are confirmed and deposit paid. All amendments will need to be made 60 days before departure date amendment fee of (min RM300) will be charged and may vary depending on the changes. Any subsequent cost increases and surcharges will be borne by the tour member.
- Cancellation of booking must be made in writing. Deposit of RM3000 per person will be forfeited if the company received notice more than 60 working days. If the company received notice to cancel less than 60 working days before the date of departure, a 100% cancellation of tour fare will be charged.

